

# Time to Dream Workshop

An interactive workshop is designed for women who have a dream... something they want to do, be, or create... and need help to start taking action.



*With Ellen Burgan*

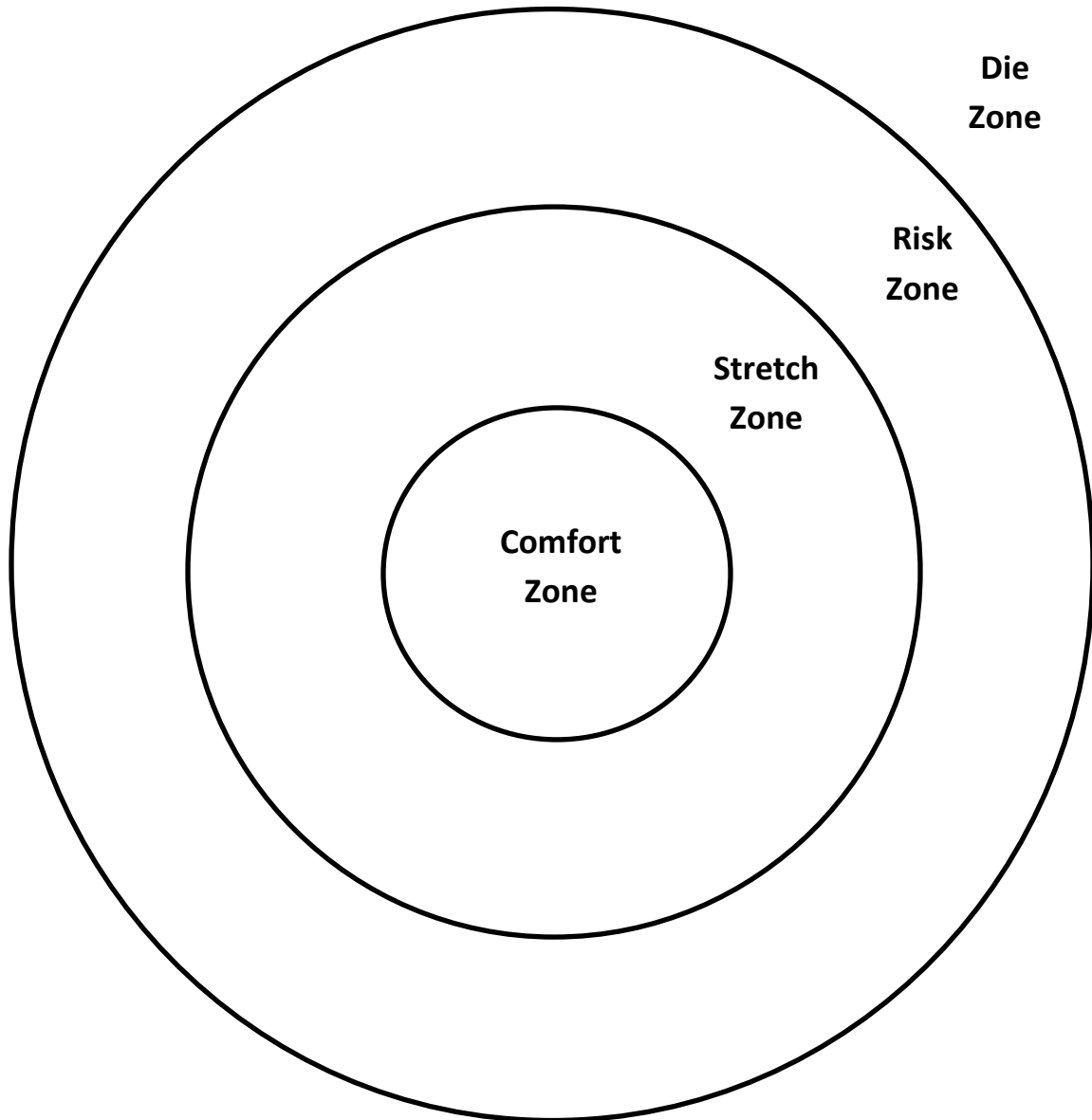
## Welcome!

I'm excited about having you on this powerful journey because it will give you some tangible takeaways and action steps to make your dream a reality.

This is your workbook for the workshop. **Please print it out** so you are ready to get the most value out of our one hour together.

Let's get you moving forward toward your dream - your purpose.

This Fearless Living Tool is Called  
**Stretch ~ Risk ~ Die**



Comfort Zone: \_\_\_\_\_

Stretch Zone: \_\_\_\_\_

Risk Zone: \_\_\_\_\_

Die Zone: \_\_\_\_\_

**Your Dream:** \_\_\_\_\_

5 Stretches:

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Goal Completion Date:

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5 Risks :

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Goal Completion Date:

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1 Die:

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Goal Completion Date:

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Potential Obstacles:

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